



Folsom Garden Club

Neighborhood Gardeners since 1934

Mailing Address:
P.O. Box 1681, Folsom, Ca 95763
Website: www.folsomgarden.org

"In nature, nothing is perfect and everything is perfect. Trees can be contorted, bent in weird ways, and they're still beautiful." – Alice Walker

September 2011 Newsletter

Board of Officers

2011-2012

President

Joye Gephart
(916) 715-1418
mikeandjoye@gmail.com

1st Vice Presidents

Gail Fitzpatrick
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gail@aplusgreenthumb.com
and

Sharon Barnett
(916) 294-7606
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2nd Vice President

Jan-Can Prendergast
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Treasurer

Sally Berry
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Recording Secretary

Joyce Roderick
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Preceding President

Erin Angulo
(916) 768-3629
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September 1, 2011

Business Meeting @ 10:00am

The Rotary Clubhouse in Lew Howard Park

Guest Speaker: Ken Menzer, Folsom City Arborist.

Ken will be speaking on "Retaining, Planting and Growing the Folsom Urban Forest", and our part in the Inventory & Urban Forest Management Plan. City of Folsom Tree Identification Handbook will be available for sale.

Be Green: To aid in saving the earth, bring your own cup

September Birthdays



2 Carole Rich
6 Charlyne Jordan
18 Dorothy Populorum
21 Janis Erickson
23 Tom Reaves
24 Suzanne Staley

SRVD - The Sacramento River Valley District www.srvd.org

CCGI www.californiagardenclubs.com

National Garden Club www.gardenclub.org

The President's Corner

President, Joye Gephart
(916) 715-1418
mikeandjoye@gmail.com

It is my distinct honor to enter this year as President of the Folsom Garden Club that so many have loved and served in the past. I'm now in a long line of Presidents going back to 1934 and pleased to have 7 past presidents still serving in various capacities on the membership roster of the club. None of them did it by themselves and neither can I. Also, I trust we all will enjoy the coming year of fascinating speakers, food and fellowship as we serve each other and the community of Folsom. And I hope your garden has done better than mine! I can't wait to hear about it!



*Our rich heritage
With fertile growth resulting:
Service becomes us.*

Joye Gephart

Mark Your Calendars

Folsom Garden Club Events

Sept 29 – 10am to 1:30pm – UC Davis Arboretum tour. Meet at Vic's Market Parking Lot, we will carpool, leaving at 8:30am. Returning to Folsom around 2:30.

Oct 1 – 10am to 4pm – Wellness expo at the Folsom Community Center

Oct 6 – 10am – Garden Club business meeting, Sacto Master Gardener, Judy Eitzen. Bulbs

Oct 27 – 11:30am – Otow's Persimmons, Tosh Granite Bay

Nov 3 – 10am – Garden Club Business Meeting, Trey Pitsenberger, owner of Golden Gecko Nursery

Nov 9 – 10am - Easley Nursery, Poinsettia Tour

Nov 16 - 10am – Wreath Creations at Joan McArdle's home

Nov 30 – 10am – Christmas Tree Decorating, Folsom Convalescent Home

Other Garden Activities and Events

Aug. 25 – 6:30pm to 8:30pm – Right Plant Right Place, Folsom Community Center, 52 Natoma Street. For reservations and info call 355-7252

Oct 8 – 10am to 4pm – Folsom Home & Garden Show at the Folsom Sports Complex, behind Home Depot.

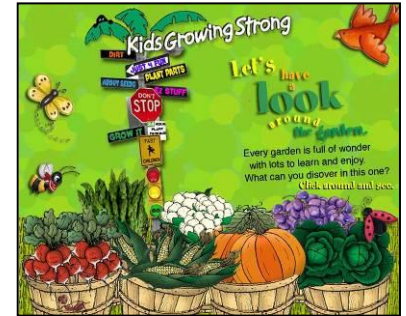
**Folsom Family Expo & Wellness Event – Saturday, October 1 – 10am to 3pm
At the Folsom Community Center**



Our club is once again participating in the Folsom Family Expo & Wellness Event, located at 52 Natoma St. in the Folsom Community Center. It is from 10 a.m. to 3 p.m. on Sat. Oct. 1. The first group of garden club volunteers should arrive at 9 a.m. for set-up. We'll be on the patio which is accessible after entering the



Community Center (it's on the left side of the building). Sign up at the September meeting for this worthwhile event! Mercy Hospital will provide us with a complimentary lunch. We plan to assist kids in planting seedlings that will be provided by Home Depot. We also will have a craft to help kids create ladybug rocks that 'Kids Growing Strong' has done at other events. We need about 10 volunteers from the club to assist. If we get that many we will have 2 shifts of 3 hours each. **Contact Joye Gephart - 715-1418 for information.**



\$\$\$ Membership Dues for the 2011-2012 Season are due \$\$\$

The FGC Annual Membership Dues are \$25.00 per member (a spouse/significant other may be added for an additional \$5.00 per year). **To be included in the new yearbook, your dues must be received by the club meeting on September 1, 2011, and are delinquent by Sept 15th.** The new yearbooks will be distributed at the October 6th club meeting.



You may also send in your renewal by mailing your check, made out to **Folsom Garden Club**, to the Treasurer: Sally Berry, 7000 Chalet Way, Pilot Hill, CA 95664. **If you have any questions contact Sally - 933-4885. And, if you do not plan to renew your membership, please let Sally Berry know.**

YEARBOOK COVER DESIGN - Vote at the September Meeting

There were two submissions received. **The 2011-2012 yearbook design will be chosen by a secret ballot vote of the membership at the September meeting.**

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Standing and Special Committees

Many thanks to all those who signed up to help out with all the Standing and Special Committees. A few of the committee chairs could use additional help. If you can help out in any way, please contact the following:

Refreshments each month – To volunteer contact Nina Sanders - 984-3851

Volunteers are needed as follows:

October - 1 volunteer, January - 1 volunteer, March - 2 volunteers,
April - 5 volunteers and May - 5 volunteers

Decorations each month – To volunteer contact Judy Hickey – 965-8115. Volunteers are needed to bring decorations and tablecloths for Oct, Dec (Christmas potluck 2 volunteers needed), March, May and June (Installation potluck 2 volunteers needed). Look for signup sheet to volunteer or contact Judy Hickey - 965-8115, cell 622-2032, email jhickey4681@comcast.net.

Other open positions – For information contact Joye Gephart - 715-1418.

- Three Chairpersons needed: Chrysanthemum Tea, Christmas Potluck, and June Installation luncheon.
- Timekeeper.
- Assistant to the Garden Tour Chair. This will be a new position appointed by the President responsible for taking notes and to track tasks and deadlines.

Community Projects

The Community Projects committee met at the home of David and Adrienne Coolidge on August 18th. After a wonderful lunch provided by the Coolidges, the group discussed on-going projects, possible new ones and had as a guest, Jan Famestad, Water Management Specialist, City of Folsom. The group plans to meet again in September, so watch for the date and time to be announced.

Gardening Tips



- **Deadhead** fading summer flowers to keep plants in bloom longer.
- **Fruit Trees** prune apricot and cherry trees now to avoid diseases that rainy weather encourages. Remove up to half of the new growth to control tree size. Prune other fruit trees after harvest.
- **Start Bearded Irises.** Where summer temperatures are high, plant in September or October.
- **Give vegetable plants** a boost with bone meal or phosphate-rich fertilizer to help fruiting. Always water before feeding.
- **Plant new perennials.** This is a good time of year for planting new perennials, as the soil is moist and still warm enough for plants' roots to become established before the winter sets in.
- **Fertilize roses**
- **Give fuchsias a light pruning**

- **Get started on the fall vegetable garden.** Plant seeds for beets, carrots, Chinese cabbage, head lettuce, mustard, onions, parsley, parsnips, potatoes, corn, winter squash.
- **Cut back petunias** in mid-August to keep them flowering.
- **Cut off suckers** from deciduous fruit trees.
- Feed fuchsias, tuberous begonias, water lilies, cymbidiums, ferns and tropicals.
- **To prolong bloom into fall, feed begonias, fuchsias, annuals and container plants.** Always water before fertilizing.
- **Stop pinching chrysanthemums.**
- **Clean off the stems** from agapanthus and daylilies that have already bloomed.
- **Force bulbs for the holidays.** Plant several bulbs in a bowl or pot, cover with potting mix, leaving just the nose of the bulbs uncovered. Move containers outdoors, covering with more potting mix. After 6 weeks, start inspecting the bulbs; when they show about 1 in. of growth, they can be brought inside.

Bountiful Harvest



Have you had the fortune of having a great crop of garden produce? Bring the excess fruits and vegetables from your garden to share with others. Look for the table at the business meeting for your produce. Anyone who would enjoy some of the produce you see there, help yourself, let's not let this wonderful food go to waste!

September 23 – Autumnal Equinox



Friday, September 23 marks the **Autumnal Equinox**, that time when the sun hovers over the equator and everything is in balance. We have around 12 hours of daylight and 12 hours of nighttime.



SHORTENING DAYS

The gradual shrinking of the daylight hours becomes much more apparent as the month wears on and the angle at which the sunlight strikes Earth changes, too. On clear days, take advantage of later sunrises and earlier sunsets to walk in your garden and admire the way the sunlight shines through shrubs and ornamental grasses rather than straight down on them.

FGC Member's Photo Gallery



As announced at the June Meeting, Sally Berry is now the Webmaster for the FGC Website and she is going to create a 'Members Only' section of the website. One of the new sections in Members Only will be a Member's Photo Gallery. We have so many members now and it is very difficult to get to know everyone, so we thought a photo gallery would be helpful. Sally is starting things off with her photo:

Let's get this project rolling, so far she has received only 5 photos. If you have a photo of yourself you can submit, please send it to Sally at sallyaberry1@gmail.com. If you don't have a picture let Sally know and she or Diane Stout can take a picture of you at the next meeting. Thanks for your help in this project. - **Sally Berry**

Free Water Wise House Calls - City of Folsom

Take advantage of a variety of water efficiency services and information including free Water Wise House Calls and information about a Rebate Program. You may qualify for cash rebates when you purchase irrigation upgrades.

Call (916) 355-7252 or send an e-mail to waterconservation@folsom.ca.us to schedule a service or request more up-to-date rebate information.



Gardener of the Month – Ann Lake

When did you start gardening?



When I was a little girl, the Tooth Fairy brought me a watering can and some small gardening tools.



What do you like about gardening?

It's a wonderful way to keep time.

Was there someone or something that prompted you to start?

Yes, my Mom and Grandma.



What is blooming or flourishing just now in your garden?

Sunflowers, Bears Breeches.



Do you grow vegetables as well as flowers and shrubs?

Yes, tomatoes, potatoes, peppers, eggplant, onions, kale and herbs.

How long have you been a member of Folsom Garden Club?

Since December 2010.

Thank you Ann for sharing your lovely garden.



WELCOME NEW MEMBERS -- We now have a total of 114 Members

New members who joined during the summer: Elizabeth Glaze and Louise Bogard

A new Year book for 2011 – 2012 will be available at the October 2011 meeting.



2011 Perennial of the Year

This year, the Perennial Plant Association has named *Amsonia hubrichtii*, more commonly known as Amsonia or Arkansas Blue Star, as the perennial of the year. It truly is a plant for the seasons:



In spring, it is covered with small blue star-shaped flowers: its foliage is very delicate, like a thread leaf.

And, in fall, this is what you can expect:

The amsonia plant grows to 3-feet tall x 3-feet wide in a soft billowy mound and is a native of Arkansas and Oklahoma. It thrives in full sun to part shade in zones 4 through 9.



HELP WANTED

Check at the meeting for sign up sheets or contact the person listed below.

- **Refreshments** – Look for the signup sheet to help with refreshments at each monthly meeting or contact Nina Sanders - 984-3851.
- **Decorations** - Look for the signup sheet to help with decorations at each monthly meeting or contact Judy Hickey - 965-8115.
- **Community Projects** – Lots of volunteers are appreciated to help with the community projects. Contact Adrienne and David Coolidge to see how you can help out - 984-3768
- **Hodgepodge Table** - Please bring plants, cuttings, divisions, etc. to add to the hodgepodge table
- **Gardener of the Month** – Looking for members with interesting gardens to share in the newsletter. Contact Diane Stout @ 983-3204.