



Folsom Garden Club

Neighborhood Gardeners since 1934

Mailing Address:
P.O. Box 1681, Folsom, Ca 95763
Website: www.folsomgarden.org

September 2010 Newsletter

"Gardening is about enjoying the smell of things growing in the soil, getting dirty without feeling guilty, and generally taking the time to soak up a little peace and serenity." –
Lindley Karstens

Board of Officers

2010– 2011

President

Erin Angulo
(916) 983-6557
(916) 768-3629 cell
palidans@aol.com

1st Vice Presidents

Sally Berry
(916) 933-4885
Berry1@wildblue.net
and
Jan-Can Prendergast
(916) 855-3210
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2nd Vice President

Brenda Dayton
(916) 351-0862
daytoncharles@comcast.net

Treasurer

Joye Gephart
(916) 715-1418
mikeandjoye@gmail.com

Recording Secretary

Lynn Emmick
(916) 294-9960
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Parliamentarian

Denny Wiemers
(916) 983-1008
dwiemers@earthlink.net

September 2nd

First Garden Club Meeting of the Year

Business Meeting – 10:00

The Rotary Clubhouse in Lew Howard Park

Guest Speaker: Sue Golden, from Golden Pond Nursery in Loomis - Floating water gardens - construction and planting.

Be Green: - To aid in saving the earth, bring your own cup if possible.

Hodgepodge Table - Please bring plants, cuttings, divisions, etc. to add to hodgepodge table

September Birthdays



2 Carole Rich
6 Charlyne Jordan
18 Dorothy Populorum

SRVD - The Sacramento River Valley District
www.californiagardenclubs.org

National Garden Club www.gardenclub.org

The President's Corner

President, Erin Angulo
983-6557
(916) 768-3629 cell
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Greetings fellow gardeners!

It seems ages since I've seen all of you, but many of us have been very busy this summer putting together another great garden club year!

We have a wonderful board team and so many members that give their time and knowledge to our group – what a great club we all belong too.

I wanted to share a few things I have noticed since I've joined the Folsom Garden club: I never knew there were so many nurseries in our area – and some very well known ones in Northern California – Annie's Annuals comes to mind. Also, I didn't realize all of the gardens that are open to the public in our area – the Sacramento Cemetery, the World Rose Peace Garden at the Capitol, etc. My reasons for sharing this are that I only have learned of these and more FROM all of you! I have learned so much from our wonderful members who share their knowledge and experience with everyone – gardeners are such happy and helpful people!

We will be making time to include sharing so that all of our members can benefit from that experience, have time for questions and answers and help each other do what we do best – garden!

Yours in the love of gardening, *Erin Angulo*

\$ \$ \$ \$ **DUES ARE DUE by September Meeting** \$ \$ \$ \$



Folsom, CA 95630

September is the month for paying club dues for 2010/2011. Please bring \$25 in cash or check to the September 2nd meeting. To be included in the new yearbook, your dues must be received within the first two weeks of September (as the yearbook will be distributed at the October 7 club meeting).

If you don't want to forget, or if you are unable to be at the planning meeting in July or September's first meeting, go ahead and send in your renewal now by mailing your check made out to **Folsom Garden Club** to the Treasurer: Joye Gephart, 126 Puffer Way,

Check out the Help Wanted Section on the last page.

Mark Your Calendars



Dirt Gardeners – September 15 – 2:00pm – Senior Center

Our first Dirt Gardener's activity will be a class with our own Joye Gephart who will be teaching us about creating and caring for Bonsai. Joye has a beautiful collection of Bonsai and took formal classes with a Japanese teacher. She will bring some of her Bonsai and describe how to care for them. We will have some small Japanese maples and cotoneasters for you to take home and practice with.

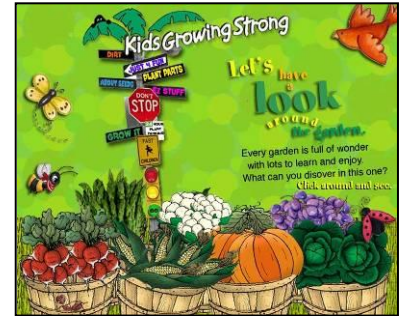
Folsom Family Expo & Wellness Event – Saturday, October 2 – 10am to 3pm At the Folsom Community Center



Our club is once again participating in the Folsom Family Expo & Wellness Event on Saturday, October 2, 2010, at the Folsom Community Center, located at 52 Natoma Street, from 10 am to 3 pm.

We will be helping children plant vegetables in peat pots, which will be donated by Home Depot. Last year approximately 300 kids planted cabbage seedlings with our help. We will have a sign-up sheet at our first meeting and would appreciate any help we can get to

help the kids with their plants. We will also have some posters and handouts from the CGCI 'Kids Growing Strong' program which are colorful and informative. Contact Sally Berry 933-4885.



Folsom Garden Club Events

Sept 15 – 2:00 - Dirt Gardeners

Oct 2 – 10am – 3pm – Health and Wellness Fair
Volunteers are needed to help with the Health Fair put on by Mercy Hospital - to help kids plant vegetables. Contact Sally Berry 933-4885

Other Garden Activities and Events

Sept 16 – San Francisco Botanical Garden - For more information, or to buy tickets, call the society's office at 415/661-1316, ext 304, or visit www.sfbotanicalgarden.org. The deadline to purchase tickets is September 8.

Sept 16 – 6:30 – 8:30pm – Landscape Workshop, Carmichael Water District, 7837 Fair Oaks Blvd, Carmichael. Pre-registration required by Sept 9, call Suman Kumar (916) 874-8326

Sept 21-22 - California Garden Clubs Gardening Study School, Loomis; Course 3, \$55 info at www.gardenclub.org or contact Patsy Jeffery 916-652-6515 or patsyrut@sbcglobal.net

Sept 25 – 11 to 4 - Arden Park Fall Garden Tour, contact Joy Smathers. No # 487-5120. First stop is 3540 El Ricon Way off Watt Ave and Arden.

September 23 – Autumnal Equinox



Thursday, September 23 marks the **Autumnal Equinox**, that time when the sun hovers over the equator and everything is in balance. We have around 12 Hours of Daylight and 12 Hours of Nighttime.

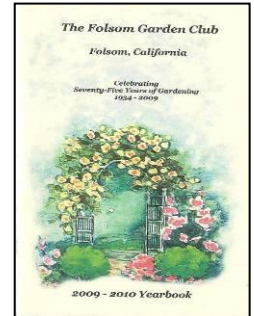


CONGRATULATIONS!



The Folsom Garden Club Yearbook for 2009-2010 has received the Blue Ribbon Award for excellence from the California Garden Clubs, Inc. The announcement was made at the CGCI State Convention in June by Nancy Lee Loesch, Awards Chairman. Congratulations Ron!

The yearbook was edited by Ron Byrd. It featured a 75th Anniversary theme since the club was still celebrating its anniversary last September. The yearbook cover symbolized the Folsom Garden Club Park's new Anniversary Arbor, which was dedicated on October 15, 2009. Roses were planted at that time to cover the arbor. The yearbook was judged in Class V, which is for garden clubs with 70-99 members. At the time Folsom had 76 members.



Ron said, "I am thrilled to have won this Blue Ribbon Award. In talking to several long-time members, none of them could remember our club ever receiving this award for its yearbook."

SRVD – Sacramento River Valley District

Ron Byrd was elected Treasurer of SRVD as of the June meeting, and Erin Angulo was elected as an SRVD Member-at-Large.

Gardening Tips

Harvest tomatoes, beans, squash, peppers and eggplants to prompt plants to keep producing. Give your plants deep watering twice a week, more if they look droopy or grow in containers. Also give them a boost with phosphate rich fertilizer to help fruiting.

Get started on the fall vegetable garden.

Plant lettuce and spinach in flats in partial shade, then transplant to sunnier spots in the garden for fall salads.

Plant seeds for beets, carrots, Chinese cabbage, head lettuce, mustard, onions, parsley, parsnips, potatoes, rutabagas and turnips.



Remove dead and non-productive vegetable crops, dead shrubs or trees.

Apply manure and compost to clay soils.

Start asters, salvias and violas indoors for fall transplanting.

Start new strawberry beds.

Dig up and divide garlic, perennials, iris, daylilies, bulbs and onions.

Continue to mulch trees and shrubs.

Rake fallen leaves and add to compost pile.

Purchase bulbs from nurseries.

Feed lawn with slow release fertilizer.

Notes from High Hand Nursery - "We scoured the botanical encyclopedia in high hopes of a great story about this HIBISCUS



MOSCHEOTOS. It turns out, there is no great story. We, however, think it's a kickin' plant."

Photo at left of hibiscus found in Diane Stout's garden. "The blooms, about the size of a dinner plate, only last for a day, but they are outstanding."

Karl Hallfeldt



Karl had a heart valve replaced. The doctors are very pleased with his progress.

We all wish him a speedy recovery.

He hopes that he can attend our September

meeting. He thanks all of us for the beautiful bromeliad.

?? MYSTERY TREE ??

"Can you identify these trees that are sprouting everywhere on Oak Ave Parkway?"



Answer on the last page courtesy of Joye Gephart

A visit to California's State Capitol World Peace Rose Garden – June 18

Erin Angulo, Jan-Can Prendergast and Diane Stout
The Rose Garden is located at 15th Street and Capital Avenue, Sacramento. There are approximately 700 roses in over 160 varieties of color and fragrance. The Peace Pavilion is available



for family or civic events.

Additionally, children's Inspirational

Messages of Peace are engraved on plaques and placed throughout the garden offer refreshing and hopeful thoughts to all.



ROSES FOR PEACE

If roses could make peace, plant a garden wide:
Let its beauty bring peace where soldiers died.

For roses don't fight or point a gun;
if roses could bring harmony,
plant many and be done.

Catherine Lee, Grade 9
St. Francis High School
Sacramento, California



Lavender Farm Trip – July 16

On Friday, July 16th, seven hardy club members took the trip to South River Lavender Farm in 100+ Degree temperatures. We were given a tour by Cindy



who explained the different varieties of Lavender they were growing and she explained the uses of each variety. Cindy, her husband and four children live on the property and they were all very charming. We made lavender wands, wreaths and were given a class on propagating lavender. After we finished with our



projects we drove to Somerset to see Erin's property, which was very interesting. She has a fully developed garden already put in which looks great. It was hot but we had a great time anyway.

HELP WANTED

Check at the meeting for sign up sheets or contact the person listed below.

- Hodgepodge Table - Please bring plants, cuttings, divisions, etc. to add to the hodgepodge table
- Microwave oven needed - Do you have one you can donate to the Garden Club - contact Anna Lombard @ 989-2003
- Publicist needed for the Garden Tour - Contact Brenda Dayton to help @ 351-0862
- Folsom Family Expo & Wellness Event – Saturday, October 2 – Volunteers are needed to help children plant vegetables in peat pots. Contact Sally Berry @ 933-4885

Mystery Tree Answer from Joye Gephart

Chinese Tree of Heaven or Chinese Sumac "*Ailanthus altissima* (Miller) Swingle" brought originally to Philadelphia, PA from China in 1784 by a gardener. It was sold in nurseries as early as the 1840's. Now we know it's a very invasive tree that propagates by huge seed numbers and root & tree suckers. Read more at <http://www.nps.gov/plants/alien/fact/aial1.htm> or Google Chinese Sumac.

