



Folsom Garden Club

Neighborhood Gardeners since 1934

Mailing Address:
P.O. Box 1681, Folsom, Ca 95763
Website: www.folsomgarden.org

October 2011 Newsletter

“Autumn begins with a subtle change in the light, with skies a deeper blue,
And nights that become suddenly clear and chilled.
The season comes full with the first frost, the disappearance of migrant birds,
And the harvesting of the season’s last crops.” - Glenn Wolff and Jerry Dennis

October 6, 2011

Business Meeting @ 10:00am
The Rotary Clubhouse in Lew Howard Park

Guest Speaker: Teresa Hawkes, a Master Gardener from Sacramento County - “Growing Bulbs and bulb-like Plants in Sacramento: Choose Wisely for Easy Care Beauty in the Garden”

Teresa will bring the 2012 Sacramento County Master Gardener Gardening Guide and Calendars- \$10

Be Green: To aid in saving the earth, bring your own cup



October Birthdays



4 Alice Wilcox
8 Gail Miller
9 Rhonda DesVoignes, Lynn Jenner
10 Grayce Vander Broek
15 Moises Jauregui, Jr.
16 Sherril Gomes
17 Carol McKee
21 Robert Sanders
20 Sallie Brooks
22 Lynn Emmick
28 Peggy Blair



The President's Corner

President, Joye Gephart
(916) 715-1418
mikeandjoye@gmail.com



Happy Fall, y'all!

Fall always brings me back awake to working outdoors. You, too?! So, too, for our community projects group. We want to get out there and get our hands dirty! At the October 6th meeting look for sign-up and interest sheets for our various city projects. Your input on which we continue, how we continue and where our beautification dollars go is all-important to the mission of our club. Our booth at the Folsom Family Expo & Wellness event (Oct. 1st) will be ready to go after some rocks I bought get spray painted red (Lady Bug pet rocks in waiting)! And thank Home Depot next time you're in there for their donation of the seedlings, peat pots & potting soil they will provide so we can teach kids (and their parents) about why we plant veggies!

If you're signed up, bring a trowel if you want to help plant and a grin if you want to help with the pet rocks. Any questions let me know!

*Our rich heritage
With fertile growth resulting:
Service becomes us.*

Joye Gephart

Folsom Family Expo & Wellness Event – Saturday, October 1 – 10am to 3pm At the Folsom Community Center



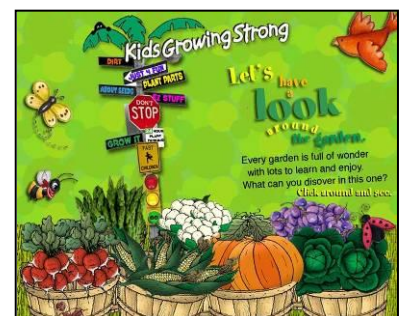
Our club is once again participating in the Folsom Family Expo & Wellness Event, located at 52 Natoma St. in the Folsom Community Center. It is from 10 a.m. to 3 p.m. on Sat. Oct. 1.



All the slots for our booth at the Saturday, October 1st, Folsom Family Expo & Wellness Fair have been filled, yippee! 10 members signed up to help and will be provided lunch

by Mercy Hospital organizers of the event. The fair is held at the Community Center on Natoma St. and will be from 10 a.m. to 3 p.m. Our volunteers will be helping out between 9:30 a.m. & 3:30 p.m. Home Depot will again be providing the plants, peat pots & planting soil. Plus, "Kids Growing Strong" hand-outs and crafts for the kids will be a big hit at our booth that day.

Contact Joye Gephart 916-715-1418 for information.



September meeting

There were 56 members and 9 guests who attended this meeting.

Five new members joined. Look below under 2011-2012 Yearbook for their names.

Refreshments were prepared by: Adrienne Coolidge, Denny Wiemers, Carol McKee, Joy Greene, Sherril Gomes and Dan Knott. Decorations were provided by Judy Hickey.

The Raffle collected - \$81.00

Hodgepodge table - \$21.50

Guest Speaker – Ken Menzer, Folsom City Arborist



Ken described the Tree Inventory Grant Project to quantify the number of street trees within the City of Folsom's jurisdiction. Volunteers will be taught to identify, measure and assess trees in the City of Folsom.

If you are interested call Ken at 916-355-7281(ofc); 916-220-3016 (cell) or email kmenzer@folsom.ca.us.

Plant of the Month – presented by Rhonda DesVoignes

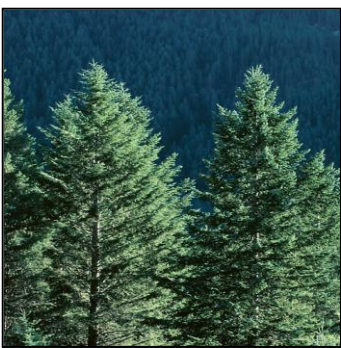


Rhonda described the clematis arabella which blooms through November.

It is a non-clinging vine. It reaches 5-6'; prefers shade in our environment. Good in containers or hanging off a wall. She also shared a Japanese anemone which hummingbirds love.



Penny Pines



Penny Pines is a reforestation/forest education program sponsored by the Garden Club Members of the National Garden Clubs Inc.

Donations are used to replant burnt or otherwise damaged forests. A plantation consists of approximately 350 trees on a little less than one acre. Penny Pines is exclusive to California; trees being replanted are replacement trees native to the area. Joye Gephart announced that the FGC raised enough money during our past year for three donations. FGC honored three special members with penny pines

donations given in honor of the following: Gladys Trejo (El Dorado National Forest); Anna Lombard (Lake Tahoe Basin Management Unit); and Erin Angulo (Tahoe National Forest).



Joye presented an award to Gladys Trejo in honor of her community garden.

HELP WANTED

Check at the meeting for sign up sheets or contact the person listed below.

- **Refreshments** – Look for the signup sheet to help with refreshments at each monthly meeting or contact Nina Sanders – 916-984-3851.
- **Decorations** - Look for the signup sheet to help with decorations at each monthly meeting or contact Judy Hickey – 916-965-8115.
- **Community Projects** – Lots of volunteers are appreciated to help with the community projects. Contact Adrienne and David Coolidge to see how you can help out – 916-984-3768
- **Hodgepodge Table** - Please bring plants, cuttings, divisions, etc. to add to the hodgepodge table
- **Members Photo Gallery** – Sally Berry is creating a “Members Only” section in the FGC website. To submit a photo of you, send to Sally at sallyaberry1@gmail.com. If you don't have a picture, let Sally or Diane Stout know to have your picture taken at the next meeting.
- **Gardener of the Month** – Looking for members with interesting gardens to share in the newsletter. Contact Diane Stout @ 916-983-3204.

2012 Garden Tour Meeting

Our first kick-off meeting for the Folsom Garden Tour will take place on Thursday, October 6, following the business meeting, beginning at 12:15 and will end at 12:50pm. We will need volunteers for the following positions:

Master Gardener Committee, Store Front Ticket Liaison, History Museum Liaison, Treasurer, Signage, Homeowner Gift Committee, Secretary, Banner, Yellow Signs, Tents/Umbrellas, Posters & Rack Cards, Tour Insurance and Pre-Tour Dinner (?). We will also discuss the other positions that have been filled as they may also need volunteers. The Folsom Garden Tour is planned for April 28th and 29th, the last weekend in April. If anyone knows of this being a conflict, please let me know ASAP!! Thank you. Jan-Can Prendergast 916-855-3210



Standing and Special Committees



Open positions – For information contact Joye Gephart – 916-715-1418.

- **Help with the Christmas Pot Luck** - Calling all crafters who would like to help with the Christmas party this year. This was suggested as a fun way of making our table decorations be one-of-a-kind and maybe not as expensive, too. Look for a sign-up sheet going around with suggested dates to see when you can make it!
- **Chairperson needed** - June Installation luncheon.
- **Assistant to the Garden Tour Chair** - This will be a new position appointed by the President responsible for taking notes and to track tasks and deadlines.
- **Awards Committee** - We have a new committee and chairperson at Folsom Garden Club! The Awards Committee, headed by Carol McKee, provides a needed service to our members who have so many talents. Applying for awards with CGCI, SRVD and NGC is a way for our club to possibly win monetary rewards. We have been letting them go to other clubs and individuals just because we needed someone to find out about the awards, who already has qualified for an award, and then get the paperwork filled out & mailed off before the deadline. We'll hear more about it at the next couple of meetings but an example is our annual yearbook - it is eligible for award money - we just have to know how, by when & where to send it!

Bountiful Harvest

Bountiful Harvest was a hit for those who took home veggies provided by Sally Berry & Erin Angulo who had enough to share. Thanks, Sally & Erin! If you find you have an excess of goodies to share from your garden, be sure to bring them to the next meeting.



Garden Produce Exchange

We love to share our produce when we have too much so you may be interested in checking out a just-launched national website to facilitate produce and fruit trading for home gardeners. The website works by zip code and was started out here in Folsom by Lori Barudoni, a 22 year resident. The Folsom Telegraph recently featured an article about her website, which is the only one of its kind. You can read the article at: http://folsomtelegraph.com/category/home_garden/browse.html

Along with the article listed above you can also check out a video about the concept of online produce trading at www.lemonsforlimes.com

What did you find in your garden?

Look at the unusual wings of this dragonfly, found in Joye Gephart's Garden.

“Has anyone ever seen anything like it?! I've seen it in Folsom and in Georgetown this summer for the first time ever. It wasn't in Erin's reference guide, at least not one much like this one.” – Joye Gephart



Free Water Wise House Calls - City of Folsom

Take advantage of a variety of water efficiency services and information including free Water Wise House Calls and information about a rebate program. You may qualify for cash rebates when you purchase irrigation upgrades.

Call (916) 355-7252 or send an e-mail to waterconservation@folsom.ca.us to schedule a service or request more up-to-date rebate information.



FGC Member's Photo Gallery



Sally Berry is working on the Members Only section of the new Website and has received 19 member photos. **Please, please, please** send your photo to sallyaberry1@gmail.com or you can mail it to 7000 Chalet Way, Pilot Hill, CA 95664 or you can give it to her at the next meeting.

If you don't have a photo, Sally or Diane Stout would be happy to take your picture at the meeting on October 6th. Let's build a tool that will be helpful to all of us to get to know each other. It's very difficult to remember the names and faces of 99 people.

Gardener of the Month – Erin Angulo



Erin joined the Folsom Garden Club in 2008 and served two terms as President. She finished her term of office this past June and commuted to each FGC meeting.

Erin moved to a beautiful home on 20 acres in Nevada City January 17, 2011. Since that time, Erin, with her usual energy and enthusiasm has been busily clearing ground, bringing in compost, digging holes, moving rocks, building concrete block walls and persuading husband, Carlos to install lots of drip irrigation.



Erin began gardening as a teenager and had lots of indoor plants in her bedroom. Erin's grandmother had a green thumb and

gave Erin African Violets and a Prayer plant as a young girl. When Erin got her own home she planted vegetables and a flower garden. Erin says she has always enjoyed seeing things grow. She loves the quiet, watching the birds and bees and eating fresh produce from her very own garden.



Everything was planted from seed in June.

When we visited the end of August, Erin proudly showed us her beautiful herb, flower and vegetable garden. Erin designed a 100' x 100' area divided into 4 quadrants: Vegetables – Flowers - Herbs – *“and yet to be decided”*.

There were lots of tomatoes, peppers, zucchini, butternut squash, cucumbers, pumpkins and watermelon.



Erin prefers organic gardening that is pesticide free. Some of the herbs were in 4" pots and she gave us a tip on borage, a plant that the bees just love. Borage, said Erin, comes in blue or white; you can freeze it into ice cubes and use it in your summer beverage.



Erin's flower garden featured, giant marigolds, 3 kinds of zinnias, holly hocks, dahlias, blanket flowers, and "hot lips" salvia.



Thank you Erin for sharing your lovely garden.

Gardening Tips

- **Remove dead** and non-productive vegetable crops.
- **Prune and mulch** perennials.
- **Collect seeds** from plants.
- **Reduce watering** as temperature drops.
- **Keep harvesting** tomatoes, peppers, squash, melons and eggplant to stretch out the summer harvest for a few more weeks.
- **Be careful not to overwater** melons; they can split. In particular, watermelons benefit from less irrigation – only once a week – as they ripen.
- **Put tulip and hyacinth** bulbs in the refrigerator for six weeks before planting.
- **Plant spring bulbs.** For a three-month flower show next spring, plant bulbs every two to three weeks through early December.
- **Add compost to the soil** for fall and winter vegetables and annuals.



- **Transplant cool-weather annuals** such as pansies, violas, fairy primroses, calendulas, stocks and snapdragons.
- **Plant onions, lettuce, peas, radishes, turnips, beets, carrots and potatoes.**
- **Add fallen leaves** to the compost pile.
- **Picking pumpkins, squash, colored corn, and other crops** for Thanksgiving decorations.
- **Sow seeds** of California poppies, clarkia and African daisies.
- **In late September, sow a new lawn or re-seed bare spots.**
- **Treat azaleas, gardenias and camellias** with chelated iron if leaves are yellowing between the veins.
- **Fertilize** with 20-9-9 or 15-15-15.
- **After they bloom, chrysanthemums** should be trimmed to 6 to 8 inches above the ground.



"The best way to garden is to put on a wide-brimmed straw hat and some old clothes. And with a hoe in one hand and a cold drink in the other, tell somebody else where to dig."

- Texas Bix Bender, *Don't Throw in the Trowel*

2011-2012 Board of Officers

President

Joye Gephart
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mikeandjoye@gmail.com

1st Vice Presidents

Gail Fitzpatrick
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And

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Sob46@aol.com

2nd Vice President

Jan-Can Prendergast
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Treasurer

Sally Berry
(916) 933-4885
sallyberry1@gmail.com

Recording Secretary

Joyce Roderick
(916) 608-4097
jmr49@sbcglobal.net

Recording Secretary Alternates

Daphne Ebbage
(916) 849-8329
ddebbage@yahoo.com

And

June Jones
(916) 790-4353
ladeejun9@aol.com

WELCOME NEW MEMBERS

We now have 99 members. Look for a complete list of members and contact information in the 2011-2012 Yearbook available at the October meeting.

Sue Burns
Patti Fisher
Lynn Jenner
Gail Miller
Bobbie Nauer
Brynne Voiles

Garden Club Websites

SRVD - The Sacramento River Valley District www.srvd.org

CGCI - www.californiagardenclubs.com

National Garden Club - www.gardenclub.org

What kind of socks does a gardener wear?

Garden hose.

Mark Your Calendars

Folsom Garden Club Events

Sept 29 - 10am to 2pm – Field Trip to U.C. Davis Arboretum. Meet at Vic's Parking Lot at 9am.

Oct 1 – 10am to 3pm – Folsom Family Wellness Expo at the Folsom Community Center

Oct 26 – 11:30am to 12:30pm – Field trip to Otow's Persimmon Orchard in Granite Bay.

Nov 3 – 10am – Garden Club Business Meeting,
Trey Pitsenberger, owner of Golden Gecko Nursery

Nov 9 – 10am – Field trip to Easley's Nursery in Auburn, featuring Poinsettias.

Nov 16 – 10:30am to 1pm – Wreath Creations at Joan McArdle's home

Nov 30 – 10am to 12pm – Christmas Tree Decorating, Folsom Convalescent Home

Dec 1 – 11am to 1pm - Christmas Pot Luck

Other Garden Activities and Events

Oct 8 – 10am to 4pm – Folsom Home & Garden Show at the Folsom Sports Complex, behind Home Depot.

Oct 15 – 10am – “What's Blooming Tour” at the Old City Cemetery, 1000 Broadway, Sacto. Park across the street from the cemetery. Free.