



Folsom Garden Club

Neighborhood Gardeners since 1934
Volume XII No. 2

Mailing Address:
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February 2012 Newsletter

Gardening is a matter of your enthusiasm holding up until your back gets used to it. ~Author Unknown

February 2, 2012

Business Meeting @ 10:00am

The Rotary Clubhouse in Lew Howard Park

Guest Speaker: Ellen Zagory from the U.C.Davis Arboretum will be speaking on "Gardening for Beneficial Insects and Pollinators" using a Power Point presentation.

Be Green – To aid in saving the earth, bring your own cup if possible.

MINUTES: At the January General Meeting we moved, seconded and passed a motion to suspend the monthly raffle pending the arrival of our FTB tax number. The secretary missed the name of the person who made the motion to suspend. If you remember the name of that person, please e-mail it to Joyce Roderick or phone her in the evening.

Folsom Garden Club – Calendar of Events (continued on page 6)

February 2012

2 10 – 12:15	Monthly Business Meeting	Rotary Clubhouse Ellen Zagory from UC Davis Arboretum speaking on "Gardening for Beneficial Insects and Pollinators"	Gail Fitzpatrick Sharon Barnett	
16 10:30- 12:30 pm	Dirt Gardeners	Folsom Senior Center - Marion Pedlar will demonstrate painting birdhouses for indoor and outdoor use.	Gail Fitzpatrick Sharon Barnett	
25 9 to noon	Open Garden Day	Fair Oaks Horticulture Center 11549 Fair Oaks Boulevard, Fair Oaks. Advice to grow by – Ask a Master Gardener		

The President's Corner

President, Joye Gephart

Here it is, the evening of January 19th and the rain is finally here! It was cloudy earlier today and the rain was not only a day late from the weekend forecast, it is months past normal! It's nature though, and as gardeners, we just work with it. I think I'll check into some of the seeds we learned about at Dirt Gardeners today - a wonderful presentation by Easley Nursery folks. Resolving to stay indoors - do you think it might help the rain get here sooner?! Hope to see YOU at the February meeting, come rain OR shine! -- Joye



P.S. A special thank you goes to Merry Reaves and Rhonda DesVoignes for adding to the plants I brought on Tuesday, Jan. 17th, to the S.R.V.D. plant sale.

P.P.S. All 6 baskets have been claimed to make up raffle baskets for the CGCI annual convention, June 3-5, 2012. Please see me if you need a donation receipt for the items you have purchased (receipts required) or if you get donated items from businesses for your baskets.

February Birthdays

- 14 Nada Boatright
- 19 Don Thomas
- 24 Mary Mast
- 25 Carol Kinnicutt
- 29 Erin Angulo



Recipes for www.folsomgarden.com

So far we only have 4 recipes from the Christmas potluck lunch...these four look very tasty but we would like to have more. We have recipe requests for the orange Jell-O, macaroni and cheese, and the meatballs. Sally will be happy to have typed or handwritten copies if you don't have a pc. Just bring them to the meeting or mail them to Sally. Recipes can also be sent by email to Sally. If your dish is a secret family recipe, we will understand.

Plant of the Month

Rhonda DesVoignes talked about 2 plants at the meeting. She showed the Japanese Anemone which blooms in the fall and was a "puffy ball" in its current state in her garden.

She also brought a purple bloom from the cranesbill plant. The cranesbill is classified as hardy geranium or true geranium. The plant variety Roseanne has a very pretty purple flower. It blooms from May to October and is very long lived.



Guest Speaker at January Meeting

Our speaker was Jeanne Neshem of Village Nurseries and she did a wonderful job of sharing her pruning knowledge with the club. She reminded us that when pruning roses your overall goal is to improve the air circulation of the plant, open up the middle and eliminate any crossing branches. You should use by-pass pruners that are sharp and clean. Prune 1/4" above nodes that are facing out on the cane. Cut the cane at a 45 degree angle.

She also demonstrated pruning crape myrtles; hydrangeas; and an apricot tree. These were given to randomly selected members for planting in their gardens.



Community Project – Rose Pruning at the Folsom Garden Club Park – January 12, 2012



It was a perfect day to work in the garden – sunny, warm and several happy gardeners to help out including Gail Miller, Adrienne Coolidge, Diane Stout, Mary Chapman, Joye Gephart, Ann Lake and Dan Knott. Dan offered pruner sharpening and



instructed members on appropriate pruning techniques. Thank you Dan, for organizing this activity.

Dirt Gardeners at the Folsom Senior Center – January 19 (submitted by Janis Erickson)



Earlene Eisley and Cyndy Davis, of Eisley Nursery in Auburn, joined the Dirt Gardeners at the Folsom Senior and Arts Center on January 19th to share their knowledge about houseplants and herbs. The duo handily answered the dozens of questions FGC members had about their indoor gardens. The info ranged from the well known - like spathyphillium, pothos and dracena, to some lesser known and used - like zygo cactus, ZZ palms and gardenia. Earlene and Cindy also encouraged us to try herbs indoor to brighten up our winter cooking and keep our

gardening skills honed. About 28 attended this event.



More on Roses... (Submitted by Dianna Leight)

While we are on the topic of roses, we found a wonderful article from the Better Homes and Gardens Magazine website, www.BHG.com that featured nearly 20 varieties of low maintenance roses. All were suited to Zone 9 and all were stated to be disease-resistant and colorful additions to the garden. Below is a sampling of these roses:

Knock Out - Landscape rose that bears masses of cherry-red blooms over dark red foliage. It's disease resistant and blooms all season long. To 3 feet tall.

Little Mischief- This rose produces masses of red blooms (that fade to hot pink as they age) all season long. To 2 feet tall.

Flower Carpet Scarlet - blooms profusely all summer and autumn with clusters of bright scarlet-red blooms; a showy landscape rose. To 3 feet tall.

Rainbow Knock Out - Easy-to-grow for any sunny landscape spot, 'Rainbow Knock Out' produces cute, coral-pink blooms all season long. To 3 feet tall.

Snowdrift - A hardy, white-flowering rose. This shrub rose produces full white flowers all season long and is great for cutting. To 4 feet tall.

Paint the Town - Produces red flowers all season long. A mounding ground cover excellent for sunny spots. To 3 feet tall.

Flower Carpet Coral - A beautiful coral-colored landscape rose that is easy care and long-lasting. To 32 inches tall.

Yellow Submarine - A super-easy yellow rose that produces flowers great for cutting all summer long. To 4 feet tall.



2012 Gardening Trends

1. Small gardening
Look for small plants with a big impact. Many favorites are now available in dwarf sizes.
2. Creative veggie gardens. Be a part of the edible landscape trend by using galvanized steel or rustic material around raised planting beds. Pair perennials and integrate with herbs like basil and sage.
3. An apple tree such as the columnar shaped tree is perfect for small spaces.
4. There is a trend toward more colorful heirloom varieties of veggies not just tomatoes. Peppers and melons are also making an appearance.
5. Inside gardening creating miniature gardens and terrariums are increasing in popularity.
6. Growing herbs indoors in a sunny kitchen window.
7. Low maintenance indoor plants such as moss rocks and air plants.
8. Use a variety of textures in you landscape: big leaves vs. small leaves; dark greens vs. chartreuse; contrasting colors, etc.
9. Extend inside space to outside space and “repurpose” your materials to add fun and style.

(Submitted by Dianna Leight - more found at www.BHG.com)

Garden Tour April 28 & 29, 2012 – “Gardens of Folsom”



We have found our Gardens!!! (However, we will consider other gardens as a back-up).

“Pre-Sale” Tickets for the April 28th & 29th Garden Tour at \$10.00 each will be available until March 1, 2012. Bob Sanders and Jan-Can will give you a receipt for the tickets you purchase. The “Pre-Sale” Tickets make great gifts at Valentines Day, Saint Patrick’s Day and anytime you just want to say “Thank You” to someone you know.

The garden tour Tickets should be available the first week of April. And at that time we will redeem your receipt for the actual Garden Ticket. At the April 5th business meeting we will be selling Garden Tickets for \$12.00 each. Contact Jan-Can, Folsom Garden Tour Director, for any questions.

HELP WANTED

Check at the meeting for sign up sheets or contact the person listed below.

- **2012 Garden Tour** – Helpers are still needed for many tasks for our April 28 and 29 Garden Tour. Contact Jan-Can Prendergast to help.
- **Chairperson needed** - June Installation luncheon. Contact Joye Gephart.
- **Newsletter Editor** – Dianna Leight is assisting Diane with the creation of the newsletters, we're still looking for additional newsletter helpers. If you attend dirt gardener events, field trips or community project activities, write up a short article and submit it to Diane Stout or Dianna Leight for inclusion in the newsletter. We are always looking for digital photos too! Our thanks to Janis Erickson who reported on the January Dirt Gardener event and Sally Berry and Joye Gephart who always come through with photos and updates!
- **Community Projects** – Lots of volunteers are needed to help with the community projects. To see how you can help out contact Adrienne Coolidge and Dan Knott.
- **Hodgepodge Table** - Please bring plants, cuttings, divisions, etc. to add to the Hodgepodge Table. Contact Carol Hamilton.
- **Members Photo Gallery** – Sally Berry is creating a “Members Only” section in the FGC website. To submit a photo of yourself, send it to Sally. If you don't have a picture, let Sally or Diane Stout know and have your picture taken at the next meeting.
- **FGC Gardener Corner** – Looking for members with interesting plants, gardens or garden spot to share in the future newsletters – sign-up sheet in the back. Contact Diane Stout.

Gardening Tips



- Hand pull or hoe weeds while they are small.
- Begin snail and slug control early; they love to feed on young tender buds:
 - Reduce hiding places, hand pick, trap or bait.
 - Use a non-toxic snail and slug bait, one with iron phosphate listed as the active ingredient on the label.
- Clean up leaves and debris around fruit trees and rose bushes to prevent the spread of disease.
- Pick up and dispose of fallen azalea and camellia flowers to reduce the spread of petal blight, a fungal disease promoted by cool, wet conditions.
- Prune hybrid tea, floribunda and grand flora roses now for April bloom. For more flowers this spring, prune less severely for a taller bush. Prune canes to 24 to 30 inches tall instead of 12 to 18 inches.
- Spray deciduous fruit and nut trees and roses with horticulture oil to control over-wintering scale, red mites, spider mites and aphids, if those pests were a problem last year.
- Divide daylilies, Shasta daisies and other perennials.
- Repair and upgrade irrigation system:
 - Install an automatic irrigation controller.
 - Remove end caps to flush out drip system.
 - Check emitters; unclog or replace as needed.
 - Expand drip irrigation lines around growing trees to ensure roots receive adequate water.
 - Check sprinkler heads for broken parts or hiding insects.
- Watch the weather; it can still freeze this month! Average last frost date in Sacramento is March 18th.
- Plant outdoors: alyssum, alstromeria, candy tuft, coral bells, foxglove, stock, pansy and viola, snapdragon, Iceland poppies, Sweet William.
- Start seed indoors: broccoli, cabbage, leaf lettuce.
- Seed outdoors: beets, peas, white potatoes, radishes.
- Set out transplants: broccoli, cabbage, Chinese cabbage, carrots, collards, mustard, onion sets and radishes.
- Check houseplants frequently for spider mites, mealy bugs, whiteflies and diseases.



Calendar of Events – Continued

March 2012

1 10 – 12:15	Monthly Business Meeting	Rotary Clubhouse Judy Weiner, Master Gardener from El Dorado County speaks on “From a Garden to a Vase” and presents a power point slide show.	Joye Gephart	
3 9 to 3	5 th Annual Gardeners Gathering	Historic Blue Goose Fruit Shed, downtown Loomis. Placer County Master Gardeners host this daylong event devoted to smarter gardening. www.ceplacer.ucdavis.edu		
10 9 to 1	Diamond Jubilee Plant Sale - Member Appreciation Sale	UC Davis Arboretum continues its 75 th anniversary celebration with special plant sales.		
14	Dirt Gardeners	Field Trip (docent led) to American River Water Education Center, located on Folsom-Auburn Rd, Folsom	Gail Fitzpatrick Sharon Barnett	
24-25 10 to 4	Spring Plant Sale	Shepard Garden and Arts Center, 3330 McKinley Blvd., Sacramento. Dozens of local garden clubs gather for this huge sale of plants, supplies and garden related items. www.sgaac.org		

April 2012

5 10 – 12:15	Monthly Business Meeting	Rotary Clubhouse Jan-Can Prendergast, Garden Tour Chairperson, will discuss and finalize plans for the 12 th Annual Garden Tour. Tickets will be distributed to members.	Joye Gephart	
21 9:30 – 2:00	Open Garden	Historic City Cemetery, 10 th and Broadway, Sacramento. Featuring tours of the cemetery’s rose garden and sale of rare old garden rose bushes.		
26 4:00 – 6:00	Pre Tour of Folsom Gardens	Garden Club members can tour and photograph all of the gardens on this year’s tour and visit with the homeowners.	Jan-Can Prendergast	
28-29 11 - 4	Garden Tour	Gardens of Folsom 12 th Annual Garden Tour	Jan-Can Prendergast	

Plant a Rain Garden (Sunset Magazine, January issue)

If you have soil that drains well, a rain garden is a great option. Channel rainwater from the roof into a shallowly buried pipe that empties into an infiltration basin or swale at least 10 feet away from your house. Grow water tolerant plants such as shrub willows in the basin.

(inharmony.com or 888/472-7748)



Tune Up Tools – (Sunset Magazine, January issue)



Now's the time to get them in shape for spring gardening—and help them last longer. Always store tools in a dry place, protected from rain.

1. Clean shovels, garden forks, and trowels: Fill a 15-gallon bucket with sand mixed with 1 quart vegetable oil. Brush any excess dirt off the tools, and then plunge their heads repeatedly into the mixture until they come up clean.
2. Rub metal tool heads and wooden handles with linseed oil.
3. Sharpen or replace dull blades on pruning shears and loppers.

What's blooming in Winter/Spring

Flowering Quince



The flowers will be open for a week or two but mix this early bloomer with other shrubs that flower later in the season to keep your garden colorful.

Type: Deciduous shrub

Blooms: Scarlet, pink or white blooms in late winter, early spring

Light: Full sun to part shade

Size: 2 to 8 feet tall, 3 to 10 feet wide

Daffodils

Harbingers of spring, daffodils are the ultimate easy-care bulb. Plant them and forget them. They multiply and bloom for years.

Size: On stems 6 to 20 inches tall

Blooms: Yellow, white, pink, salmon and green

Light: Full sun and light shade in well-drained soil.



2011-2012 Board of Officers

President

Joye Gephart

1st Vice Presidents

Gail Fitzpatrick

And

Sharon Barnett

When weeding, the best way to make sure you are removing a weed and not a valuable plant is to pull on it. If it comes out of the ground easily, it is a valuable plant.

2nd Vice President

Jan-Can Prendergast

Treasurer

Sally Berry

Recording Secretary

Joyce Roderick

Garden Club Websites –Check out these websites for current projects and programs

SRVD - The Sacramento River Valley District www.srvd.org

CGCI - www.californiagardenclubs.com

National Garden Club - www.gardenclub.org

Recording Secretary Alternates

Daphne Ebbage

and

June Jones

Preceding President

Erin Angulo

Heart Beet

Do you carrot at all for me?

My heart beets for you,

With your turnip nose

And your radish face.

You are a peach.

If we cantaloupe,

Lettuce marry.

Weed make a swell pear.

- [A Rocket in My Pocket: Rhymes and Chants of Young](#)